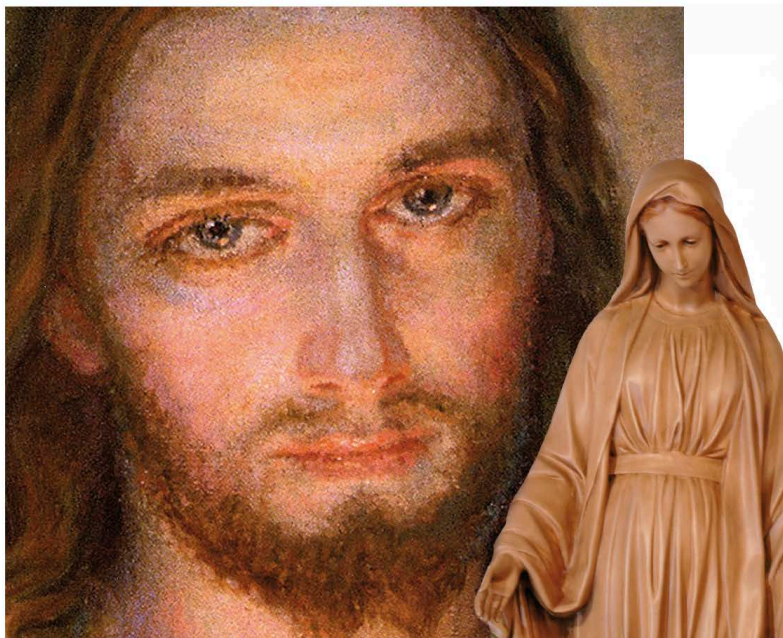


**ENTRUSTMENT
TO THE DIVINE MERCY
IN TIMES OF TRIAL**



**30-DAY PREPARATION FOR ENTRUSTMENT OF ONESELF
TO THE MERCIFUL GOD THROUGH MARY**

ENTRUSTMENT

TO THE DIVINE MERCY

IN TIMES OF TRIAL

30-Day Preparation for

Entrustment of Oneself to the Merciful God

through Mary

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INTRODUCTION

ENTRUSTMENT TO THE DIVINE MERCY IN TIMES OF TRIAL – the spiritual path proposed in this book is a 30-day preparation for entrustment of oneself to the Merciful God through Mary. This path can lead us to interior freedom and healing even while we are in the very depths of a trial that we are undergoing.

The “TIME OF TRIAL” – is an experience that is certainly known to all of us. It is always connected with some painful event in our life. Perhaps it touches only myself and my own personal experience. Or perhaps it also touches my community and my family. The time of trial is often accompanied by fear, sadness, anxiety, restlessness, uncertainty. As Christians, we know that we should not give in to these feelings. We are thus invited to look for means in order to endure the time of trial in such a way that it helps our hearts to find that which it longs for, that is, peace, the feeling of safety, hope. And these, only God can give. Hence, the best way – the only effective way, really, to live through the time of trial in a good way is through ‘ENTRUSTMENT TO GOD’.

INTRODUCTION

What is entrustment to God? This is an experience which holds within itself two interior attitudes that mutually complement each other: TRUST and ENTRUSTMENT OF ONESELF. Entrustment to God, therefore, means: to trust in Him, to believe that He is good, that He loves and He wants only good for me. If I trust, I also entrust myself at the same time. To entrust oneself to God means to offer myself to Him, to place my life into His hands. It means saying to God: “O God, I am Yours, I know and I believe that You will take care of me. “I am Yours” – this means that I want You to be the Lord and the one God in my life, that I want Your plan, which is always full of mercy toward me, to be accomplished in my life.

Why can we entrust ourselves to God with such confidence? Simply because He is God. He is faithful. He loves us. *“I am love and mercy itself”* (Diary, 1273) – The Lord Jesus said to St. Faustina – *“Mankind shall not find peace and contentment until it turns with trust unto My mercy”* (Diary, 300). In the mercy of God, therefore, we can find true peace and happiness. These we can experience even while in the middle of trials and tribulation. St. Faustina convinces us of this in

her spiritual journal from which we shall be drawing examples.

Mary, the Mother of Jesus, is the one who most perfectly entrusted herself to God during the sorrowful moments and events of her life. She taught and led St. Faustina to entrust herself completely to God. She, too, is our Mother, she loves us and wants to accompany us also in our daily life, especially when we face various kinds of problems and difficulties.

In this book we wish to present to you a path of entrustment of oneself to the Merciful God through Mary. Together with Her we are going to listen to the Word of God and to contemplate the Divine Mercy so that in the end we may, with confidence, entrust ourselves to Him. We believe that this path will also lead us to healing and conversion of heart so that we may become ever more merciful. If you do decide to take this path, each day you will be invited to surrender to God, through Mary, some concrete area of your life. In this book you will find passages that will assist you to make this surrender and also some guide for your personal prayer and meditation. The important thing, however, is that every day, amidst all the activities which you do

daily, that you entrust to God, precisely that concrete area in your life, that you entrust it to Him through Mary. This you may do by using simple words, short acts or prayers flowing from the heart.

At the end of this 30-day path, you will be invited to consciously make a personal act of self-entrustment to the Merciful God through Mary. There is an Act of Entrustment proposed at the end of this book which you may use, or you may write your own using inspirations that may arise in your heart as you walk along this spiritual path of entrustment.

We would like to assure you that we are praying for You and for all who will choose to take this path. May Mary guide us and may St. Faustina intercede for us so that we may all entrust ourselves to God and become merciful like He is!

Jesus, I trust in You! Mary, to You I entrust myself!

Sr. Miriam Janiec, OLM

WEEK 1

**ENTRUSTING ONESELF
TO THE MERCIFUL FATHER**

DAY 1 - ENTRUSTING TO GOD THE FATHER
THE MOMENT WHEN I WAS CONCEIVED

“Pray wholeheartedly in union with Mary.”

(Diary, 32)

Prayer to the Holy Spirit:

“Let Your spirit lead me, O God, into the depths of knowing You, O Lord, and into the depths of knowing myself, for I can love You only as much as I know You. I can look down upon myself only to the extent that I see my nothingness. I know, O Lord, that You will not refuse to help me. (...) I submit completely to the working of Your grace, may Your will be done in me to the full, Lord”
(Diary, 1326).

From the Letter of St. Paul to the Ephesians:

“Blessed be the God and Father of our Lord Jesus Christ,
who has blessed us in Christ
with every spiritual blessing in the heavens,
as he chose us in him,

before the foundation of the world,
 to be holy and without blemish before him.
 In love he destined us for adoption to himself
 through Jesus Christ,
 in accord with the favor of his will,
 for the praise of the glory of his grace
 that he granted us in the beloved” (Eph 1: 3-6).

From the *Diary* of St. Faustina:

“When I received Holy Communion I said to Jesus, ‘I have been thinking about You so many times during the night.’ And He replied, ‘*And I, too, was thinking about you, before I called you into existence.*’ ‘Jesus, what were You thinking about me?’ I asked. ‘*How to bring you into My everlasting happiness.*’ At these words my soul was flooded with God’s love; I could not stop wondering how much God loves us” (Diary, 1292).

“Eternal love, pure flame, burn in my heart continuously and divinize my whole being according to Your eternal pleasure, by which You have called me into being and summoned me to participate in Your eternal bliss. O merciful Lord,

You have lavished these gifts on me merely out of mercy; seeing it all given me gratuitously, in deepest humility I worship Your unfathomable goodness. Lord, my heart is astounded that You, the supreme Lord, need no-one, yet out of pure love You stoop down so low to us. I'll never stop being amazed that the Lord enters on such an intimacy with His creature; again it's His infinite goodness" (Diary, 1523).

Prayer of Entrustment:

O Mary, beloved Daughter of the Father, from the moment of your conception You were embraced by the mercy of the Father. God preserved you from original sin and allowed no evil to touch you, so that you may carry in your womb the Only Begotten Son of God, and me as well. In You and with You, I entrust to God the Father my whole life from the moment of my conception. Mary, I pray, immerse me in the womb of the Father in which you ceaselessly abide. I want my soul wounded by sin to also be enfolded by His mercy and to be always united with Him.

From Psalm 22:

“For you drew me forth from the womb,
made me safe at my mother’s breasts.
Upon you I was thrust from the womb;
since my mother bore me you are my God.”
(Ps 22: 10-11)

Jesus, I trust in You! Mary, to you I entrust myself!

ENTRUSTMENT TO THE DIVINE MERCY IN TIMES OF TRIAL

In this book we wish to present to you a path of entrustment of oneself to the Merciful God through Mary. Together with Her we are going to listen to the Word of God and to contemplate the Divine Mercy so that in the end we may, with confidence, entrust ourselves to Him. We believe that this path will also lead us to healing and conversion of heart, so that we may become ever more merciful. If you do decide to take this path, each day you will be invited to surrender to God, through Mary, some concrete area of your life. In this book you will find passages that will assist you to make this surrender and also some guide for your personal prayer and meditation.

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